



SPOKESMAN

Niagara Frontier Bicycle Club, Inc.

Volume XXIX

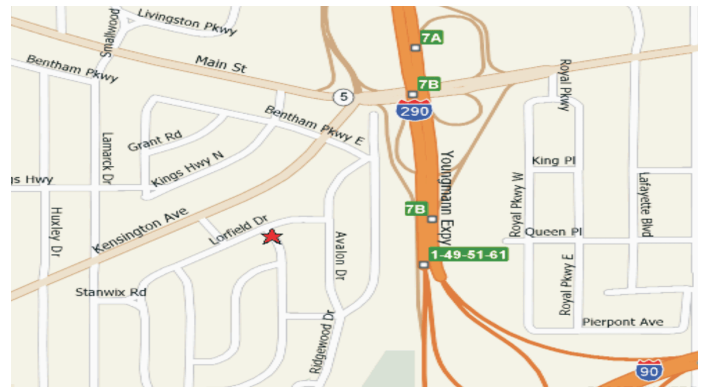
NUMBER 5

JUNE 2007

Father's Day Party Ride

Sunday June 17TH

Celebrate Father's Day Sunday June 17 with Mary Anne and Bob. These casual 26 or 36 mile rides starts at 10 am at 14 Bennington Rd. in Snyder. See map. Bring a dish to share and a lawn chair. Call 984-5677 if lost. Come for the ride or the party or both. Rides start at 10 am. Party starts after rides about 12:30 pm.



See You There!

CanAm Century

Coming in September Details Inside

**Club Trips SPACE LIMITED
SEE DETAILS INSIDE**



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Ride Schedule & Activities

Date	Time	Map	Miles	Elev.	Rating	Ride Name	Leader/Phone
2-Jun	9:00	362	43/25	600/300	Easy	Clarence to Alden: Clarence HS Main & Gunville	John Herman 675-1944
3-Jun	9:00	46	35	2550	XD	Hills%\$##@*Hills: Hamlin Park (south parking lot), S Grove St. E. Aurora	Carl Mach 685-0832
3-Jun	9:00	737	35		Easy	Wilson Harbor: HSBC Bank/Plaza (across from NCCC, Rt. 31, Sanborn)	Sue Alessi 694-0853
9-Jun	10:00	734	33	1300	Mod	Wine Country Wanderer: Merritt Winery (Take I 90 to Exit 58 & Rt. 5 South to L @ Allegany, R @ Angell and L @ Kings to Winery)	Bob Ehrheart
9-Jun	9:00	717	45/33		Mod/Easy	Indian Falls Trail: Clarence HS Main & Gunville	Arlene Lepie 741-2762
10-Jun	9:00	714	34/27	725/635	Mod/Easy	Elma Meadows: Como Park, 1st lot, Como Park Blvd entrance	Brenda Fischer 683-3961
10-Jun	9:00	153	62/43	4900	XXX/XD	The Wall: Rt. 219 Exp. To end. L on Rt. 39 into Springville. R on Buffalo Rd. to parking lot on Left	Pat Danaher 838-0280
16-Jun	7:00	205C	100	1700	XD	Multiple Choice-C: Richmond Lot Ellicott Complex, SUNY at Buffalo, Amherst Campus	John Herman 675-1944
16-Jun	9:00	205B/A	54/31		Easy	Multiple Choice-A: Richmond Lot Ellicott Complex, SUNY at Buffalo, Amherst Campus	Gary Stevens 882-0115
17-Jun	10:00	363	26		Easy	Father's Day Ride: 14 Bennington Rd (off Wehrle) Amherst NY	Bob Silkes 832-0880
23-Jun	9:00	713	38/30	750	Easy	Darien Lake State Park: Westwood Park, Erie St & Pavement Rd.	Jane Armbruster 688-3643
24-Jun	9:00	711	38	540	Easy	Whirlpool Spin: Gratwick Riverside Park, River Rd. N. Tonawanda	Joe Pizzuto 835-6112
24-Jun	9:00	130	37/33	1800/1400	MD	West Falls-Backcreek: Parking Lot behind the Municipal Building on Main St. & Quaker Rd. (Rt's 277 & 20A) Orchard Park, NY	Bob Puleo 649-3427
30-Jun	9:00	740	59/38	1350/750	MD/Easy	Corfu-Leroy: School on Rt. 77, North of Rt 33, Corfu	Liz Williams 759-8353
1-Jul	9:00	337	38	800	Easy	The Plank: Parking lot off Long Ave. behind fire hall, across from 44 Long, Hamburg NY	David Gonzalez 649-4998
1-Jul	9:00	318	40		Easy	East Amherst - Akron Falls: Williamsville East H.S. on Klein Rd, East Amherst	Karen Sprada 684-9039

JUNE 2007

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 Clarence to Alden
3 Wilson Harbor Hills%\$##@*Hills	4	5	6	7	8	9 Wine Country Wanderer Indian Falls Trail
10 Elma Meadows The Wall	11	12	13	14	15	16 Multiple Choice C Multiple Choice A
17 Father's Day Party Ride	18	19	20	21	22	23 Darien Lake State Park
24 Whirlpool Spin West Falls Back Creek	25	26	27	28	29	30 Corfu Leroy



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DAILY RIDE SCHEDULE

Mon	AM	New Start -Wendell Fire Hall on south side of Tonawanda Creek Rd & Campbell Blvd, Pendelton	Brad Chase (632-5636)
Mon	PM	Community of Christ Church, 5030 Thompson Rd., Clarence (Between Sheridan and Greiner)	Rebecca Ribis (837-0089)
Mon	PM	Hamlin Park on Grove St., two blocks south of Main, second lot, East Aurora	Jim Sawyer (884-3057)
Tue	PM	St. Mary's Church at Transit and Stahley Roads, Clarence	Dennis Powell (691-6233)
Tue	PM	Municipal parking lot off Long Ave (entrance is opposite #48 Long Ave) near the fire hall and water tower, Hamburg	Matt Luly (648-8988)
Wed	AM	Rear public lot, S. Buffalo & E. Quaker Rds, Orchard Park	Marty Payne (997-9324)
Wed	PM	West Canal Marina on Tonawanda Creek Rd. at Townline	John Herman (675-1944)
Wed	PM	Rear public lot, S. Buffalo & E. Quaker Rds, Orchard Park	TBA
Thu	AM	First parking lot inside Como Park at Como Park Blvd. entrance coming from Transit Rd, Lancaster	Dave Klock (681-5345)
Thu	PM	Lancaster High School on Pleasant View & Forton Rds, Lancaster	Ed Peters (685-1965)
Fri	AM	Community of Christ Church, 5030 Thompson Rd., Clarence (Between Sheridan and Greiner)	Brad Chase (632-5636)
Fri	PM	Kaegebin Elementary School, Love Rd at Beaver Island Parkway, Grand Island. (Go over South Grand Island Bridge, take Beaver Island exit. First light left onto Love Rd)	Adrienne McDonough (773-2009)
Fri	PM	Elma Meadows Park, Elma	Brenda Fischer (683-3961)
Sat	AM	Richmond Parking Lot off Frontier Rd, UB Amherst Campus	Bob Mahaney (873-2814)
Sun	AM	Waterfront Village in front of "The Hatch", Buffalo	Ian Currie (837-8051)

START TIMES:

MORNING RIDES:

10:00 AM: APRIL, MAY, SEPTEMBER & OCTOBER

9:00 AM; JUNE, JULY & AUGUST

EVENING RIDES:

6:00 PM
APRIL & SEPTEMBER

6:30 PM
MAY thru AUGUST

WEEKEND BREAKFAST RIDES:

SATURDAY

9:00 AM APRIL, MAY
SEPTEMBER & OCTOBER

8:00 AM JUNE, JULY
& AUGUST

SUNDAY

9:00 AM
ALL SEASON

Note to All Members:

Please forward all Q-Sheet and Map corrections to Jean Fredricks, jeanbike1@msn.com



SPOKESMAN

Niagara Frontier Bicycle Club, Inc.

Board of Directors

President

Lincoln Blaisdell (759.6215)
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Editor

Bob Mahaney 873-2814
103 Wilbury Place
Buffalo, NY 14216
rjmtax@aol.com

Roy's Membership

Update

NFBC now has 410 members. There are 55 new members.

Welcome this month's new members; Amanda V. Chmura, Kara Klaasecz, Karen Michaels, Paul Randall, Lynn Ricketts, Josephine Sonberg, Eric M. Braun, Sara Faltinson, John C. Farmelo, Marc Koester, The Bike Shop - Adam Trost & Rebecca Erb, Tim Kirst, Joe Pavalonis, Nick Roth, Gail Thomsen, Merle Whitehead III, John & Natalie Lyons, David Norman, Carol Lynn & Robert Stevens, Marc Fineberg, Carole Orsolits, Ernest Renaud

If you have something of interest to our members, email your information to RRTOCHA@YAHOO.COM. I will get it out to the members on the Web, upon Board approval.

Roy

OFFICIAL PARTY RULES

For members of the NFBC, biking is number one, followed by socializing with friends. Get-togethers are organized by volunteers in the club who enjoy hosting parties. The host(ess) supplies the facility, main course, soft drinks and, of course, time and energy. Those who attend supply a reasonable dish to share, a beverage of their choice, and fund for the "kitty" to offset the expenses not included with their dues.

SPOKESMAN DEADLINE

The deadline for submission of articles to the Spokesman is the fifteenth (15th) of the month preceding the month in which the information is to appear.

HELP SPREAD SUNSHINE

Did someone have an accident? Is someone sick? Share the news with the club. We will send a note of cheer to someone who might need it. Simply notify Doreen Lynd (662.8264). NFBC cares about its people.



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Club Rides

Can-Am Century Coming Soon

What a bargain! As an NFBS member you are entitled to participate in the 2007 Can-Am Century for the reduced price of \$30. (American dollars for U.S. residents & Canadian or U.S. dollars for

residents of Canada) We hope this is also an incentive to register early, guaranteeing you dinner and a tee-shirt, and making the work of the committee easier.

NFBC MEMBER DISCOUNT

\$5.00 Off

NAME _____

NFBC# _____

This coupon may be used by a member only – one coupon per member. Registration and full. Payment must be received by August 10th.

More Help Needed

A few good men & women will be needed before ride day. Others will be needed the day of the ride, for the whole day, early on ride day, or after the ride. You can volunteer for a specific task or to help as needed on ride day. Choose the amount of time that is convenient

for you. Below are listed some of the team leaders & their areas of interest. You may contact a team leader directly or contact Mary Alice Tock (jtocke@aol.com)

- Rest Stops – Cindy Adams, Cynthia12@adelphia.net
- Promotion/Publicity – Linc Blasdel, Linc43@adelphia.net
- Route & Roadwork – Brenda Fisher, mbf821@adelphia.net
- Rebecca Ribes, rebeccashristene@hotmail.com
- Start & Finish – Pat Peters, edpetersrx@aol.com
- LaSalle Park – Liz Williams, bightbluesky9@aol.com
- Door Prizes – team leader & helpers needed

New Weekday Ride

Members - We have a new Thursday evening ride starting out of the Pendleton Town Hall. Jim Matthews is leading rides over quiet roads in Niagara County. Included will be some spectacular vistas over the grapefields just under the escarpment. For the occasional over-the-escarpment trek, Jim promises to use only the easier ways

back up on his routes. There may even be an 'ice cream' ride or two this summer.

Ride start is at the Pendleton Town Hall under the water tower. The town hall is on Campbell Blvd. between Bear Ridge and Beach Ridge roads. Start time is same as the other weekday evening rides. Try it out.



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Sun Drenched **Portugal**

Isolated beaches tucked between towering cliffs, long stretches of white sand, villages from the days before, this is the Algarve, where the Mediterranean meets the Atlantic.

First stop is the home of the Fandango. We spend two nights in Lisboa, then on to Faro where we begin our seven-night bike tour. At the end we spend an extra night of fun, sun and relaxation in Faro.

Departure from the Americas is the 26th of September and the return in on the 7th of October.

For \$2750.00 per person double, you get a ride on several jet planes, some buses and trains, a bed for your head, morning meals, many midday gastronomies, numerous local dishes at evening break, a saddle over two wheels, and the unusual and unusual surprises. (Bring your own mate. We do not arrange your date. We might pair, but only in despair. Single quotes, if you must be solo.)

Space will go fast. Do not let this pass. Send your deposit of \$1000.00 per person to:

Richard Lepie, 9325 Hunting Valley Road North
Clarence NY 14031

Final payment is due at the Hunting Valley Estate by 15 June.

The money you pay will be sent away, so retrieval is nil. Insurance is recommended.

Club Trips History Re-enactment *by Bike*

Peaceful Amish pastures, cannons rumbling, guns-a-flashing: see it, hear it, bike it. Be there: Lancaster, PA, July 4th to 8th with a prescript on the fields of Gettysburg, July 2nd to 4th.

Price per person for four-night Amish pleasure is \$270 if you share, \$485 if you are going solo.

If six nights are your pleasure, then \$395 is the fee for each when two are together. If you cannot agree to be with another, then you pay the price of \$720.

Your fees include rooms, maps, food and drink, parties and more parties, and things very special.

After May 15th, the minimum cancellation fee is \$75 for the four-day trip and \$100 for the six-day trip (double it if you are solo). After June 15th, the minimum cancellation fee is \$225 for four days and \$250 for six days (double it if you are solo). Questions: call Richard at 741-2762.

To reserve your place, please send full payment and application form to:

Richard Lepie, 9325 Hunting Valley Road N.
Clarence, NY 14031

Questions: call Richard at 741-2762 or e-mail Richard_Suntreader@hotmail.com

Application Form Portugal History Re-enactment

Name: _____

Room Mate: _____

Address: _____

Telephone Number: _____

E-Mail: _____

NFBC No. _____

Portugal:

Cost: **\$2750.00** pp dbl.

History Re-enactment:

4 Day Amish Pleasures: \$270 per person double (\$540 for two); \$485 single

6 Day Pleasures and Battles: \$395 per person double (\$790 for two); \$720 single

Make checks payable to Richard Lepie



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Club Rides

Bridge Crossing Information

NIAGARA FALLS BRIDGE COMMISSION -“NFBC” - 285-6322

There are no sidewalks or customs accommodations for pedestrian or bicycles at the Lewiston Queenston Bridge. If bicycles are allowed on the road by the commission, then they must stay in the car lane.

Lewiston Bridge US Custom's - 282-1500
Cdn Custom's - 905 262-4010

The same procedure applies to bicycles crossing the Rainbow Bridge (unable to pass thru the pedestrian turnstile).

Rainbow Bridge US Customs - 284-5174
Cdn Custom's - 905 354-4843

Tolls: 50 cents for bicyclists - (\$3.00 or \$3.50 Cdn for car).

Line up for customs identification/declaring is controlled by customs/immigration, not the bridge commission.

PEACE BRIDGE COMMISSION - 884-6744

Pedestrians and bicycles are to use the sidewalks and the regular pedestrian customs process. With construction this summer, they will be closing the north side/ down river walkway. To leave the US there should be signs directing us to cross to the south side and when in Canada to bear left thru the tunnel under the bridge and proceed to customs.

Returning to the US is basically unchanged. Park bikes and go into door #1, ring bell to enter immigration.

Tolls: free for bicyclists – \$3.00 or \$3.50 cdn for cars

Two forms of ID are required, usually a drivers's license and a birth certificate to prove citizenship. A passport is not required at this time, but is preferred by customs.


Peace Bridge US customs – 881-2604

Bill McLaughlin Receives Award

The United Way and Univera Health Care gave out their 2007 Community Hero Awards to local volunteers at a breakfast in April. Our Bill McLaughlin won in the senior category for his work with US-Too of Western

New York.

In presenting the award Kevin Oneill stated “Bill has a passion for volunteering and helping others.” Congratulations Bill from your friends at the NFBC.



Campus WheelWorks

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100th Anniversary