

WHIRLPOOL SPIN Rating: E-Z NFBC Map No. 711
Distance: 39 miles Climb: 540 ft. AWS 10/1/07
Start: Gratwick-Riverside Park, River Rd., N. Tonawanda

0.0	S	Park Road (heading North)
0.2	L	T RIVER RD.
1.4	R	LIBERTY DR.
2.9	R	T WILLIAMS RD.
3.4	R	LANCELOT DR.
3.7	L	PLAZA DR.
4.1	R	JAGOW RD.
4.4	L	WALMORE RD.
5.1	X	Nia Falls Blvd. (BR on Niagara Rd. at traffic light)
7.1	L	T WARD RD. (SR-429)
7.9	R	BRENT DR. (BL at bend)
8.5	X	Lockport Rd. (<u>Caution</u>) (S on Hoover Rd.)
10.0	X	SR-31 (at light) (S on Townline Rd. SR-429)
11.6	L	GROVE ST. (before Pekin downhill)
11.8	L	T UPPER MOUNTAIN RD.
13.5	RS	rest stop at No Blanket Store on L (after Smokin Joe's)
17.0	BL	Y UPPER MTN RD. (at Indian Hill - Caution)
17.8	R	CALLAN DR. (after Smoke Shop on R)
18.0	L	T ESCARPMENT DR. (continue to BR up to Dana Dr.)
19.3	R	DANA DR.
19.6	R	T BRONSON DR.
20.0	R	T UPPER MOUNTAIN RD.
20.7	R	MILITARY RD. at light (St. Mary's Hospital)
21.4	L	T LEWISTON RD. (SR-104) (<u>single file</u> on narrow road lane)
23.5	R	to Devil's Hole (BR on ramp to Robert Moses Hwy.)
23.6	X	Robert Moses Hwy. <u>at end of ramp</u> - CAUTION)
23.7	L	thru parking lot (dismount bike over curb & continue
23.8	S	on Robert Moses Pkwy Bike Trail (heading upstream)
24.7	R	RS rest stop at Whirlpool State Park (rest rooms)
		(go to wall for great view of the whirlpool)
25.0	R	continue Robert Moses Pkwy Trail
26.9	S	past Niagara Gorge Discovery Center
27.0	L/R	quick L/R jog off trail onto Robert Moses Pkwy ramp
		(single file on narrow ramp)
27.3	S	Rainbow Blvd. S. (<u>Caution</u> - busy)
27.7	BR	at circle onto 1st St.
27.8	X	bridge onto Goat Island (<u>2.5 mile loop counter-clockwise</u>)
	BR	(onto service road - between road & pedestrian trail)
	BR	(on service road past Cave of Winds bldg.)
	BL	RS (to rest stop at Horseshoe Falls)
	BL	(to South end of island)
	BL	(follow sign on barrier for "All Traffic" to exit island)
	BR	(on road to X bridge off island)
30.3	R	BUFFALO AVE. (at light)
30.9	R	enter Bike Trail at John B. Daly Blvd. (follow bike
		trail S thru underpass & BL so river will be on your R)
34.3	R	BUFFALO AVE. (after G.I. Bridge - exit Bike Trail)
		Buffalo Ave. is very rough (many cross cuts)
35.7	R	BUFFALO AVE. (optional: S thru underpass for ice
		cream at Sullivan's.....and return for L on Buffalo Ave.)
36.1	S	River Rd. (Wheatfield)
38.3	R	park road into Gratwick-Riverside Park
39.0	S	to end of ride at park pavilion

WHIRLPOOL SPIN (39 miles E-Z)

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 Schedule ride for Sunday.
 rev. AWS 10/1/2007

