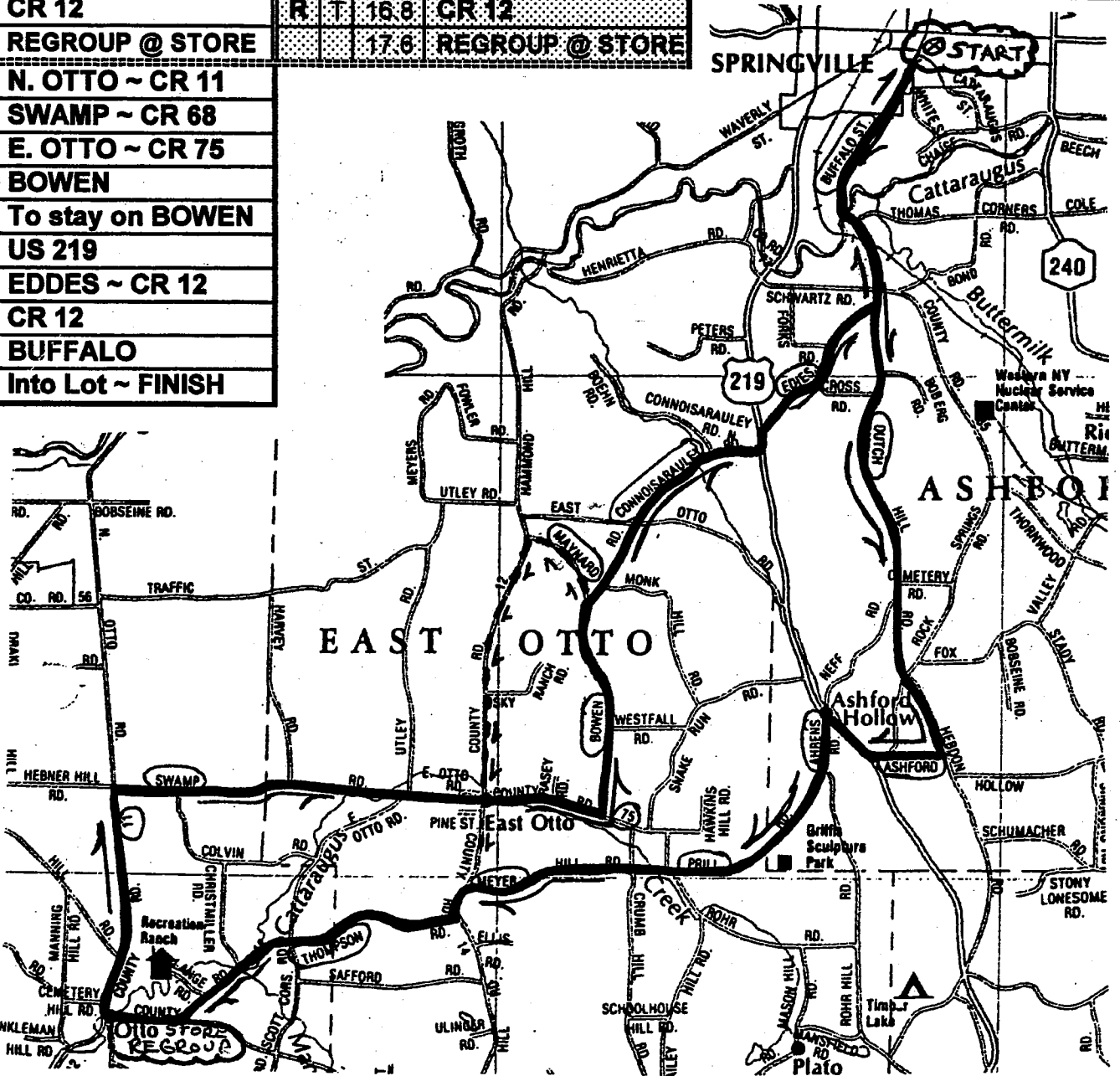


THE TRIPLE BYPASS

MAP# 310

Start: RT 219 Exp. To end: L onto Rt 30 into Springville, R on Buffalo Rd. to parking lot on Left.

| THE TRIPLE BYPASS - XXX | | | THE STRESS TEST - DIFFICULT | | | | | |
|-------------------------|---|------------------------|-----------------------------|---|----------------------|---|------|-------------------------|
| L | 0 | BUFFALO ~ CR 12 | L | 0 | BUFFALO ~ CR 12 | R | 17.7 | N. OTTO ~ CR 11 |
| L | Y | 3.2 DUTCH HILL | R | Y | 3.2 EDDES ~ CR 12 | R | 20.2 | SWAMP |
| R | | 8.4 ASHFORD HOLLOW | L | T | 5.1 US 219 | S | 24.2 | E. OTTO ~ CR 75 |
| R | T | 9.2 US 219 | R | | 5.3 CONNOISRAULEY | L | 25.4 | BOWEN |
| L | | 9.8 AHRENS | S | | 7 BOWEN | R | Y | 27.9 To stay on BOWEN |
| R | Y | 10.4 PRILL | R | T | 8.1 MAYNARD | L | T | 30.5 US 219 |
| S | | 12.6 MEYER HILL | L | T | 9.2 HAMMOND~CR 12 | R | | 30.7 EDDES ~ CR 12 |
| L | T | 14.8 CR 14 | S | | 12.1 CR 14 | L | T | 32.6 CR 12 |
| R | | 15.2 THOMPSON | R | | 13.4 THOMPSON | L | Y | 35.8 BUFFALO ~ CR 12 |
| S | | 17.1 CR 12 | S | | 15.4 CR 12 | R | | 35.9 into Lot ~ FINISH! |
| R | T | 18.5 CR 12 | R | T | 16.8 CR 12 | | | |
| | | 19.3 REGROUP @ STORE | | | 17.6 REGROUP @ STORE | | | |
| R | | 19.4 N. OTTO ~ CR 11 | | | | | | |
| R | | 21.9 SWAMP ~ CR 68 | | | | | | |
| S | | 25 E. OTTO ~ CR 75 | | | | | | |
| L | | 27.2 BOWEN | | | | | | |
| R | Y | 30 To stay on BOWEN | | | | | | |
| L | T | 32.2 US 219 | | | | | | |
| R | | 32.4 EDDES ~ CR 12 | | | | | | |
| L | T | 34.4 CR 12 | | | | | | |
| L | Y | 37.5 BUFFALO | | | | | | |
| R | | 37.6 Into Lot ~ FINISH | | | | | | |



| | | | |
|----------------|--|----------|-------------------------------|
| Map# 310 | Distance: 38 Triple / 36 Stress | Revised: | NIAGARA FRONTIER BICYCLE CLUB |
| Design: PD9/02 | Elevation: 3500' Triple / 2000' Stress | Rating: | Effort: XXX / DIF |