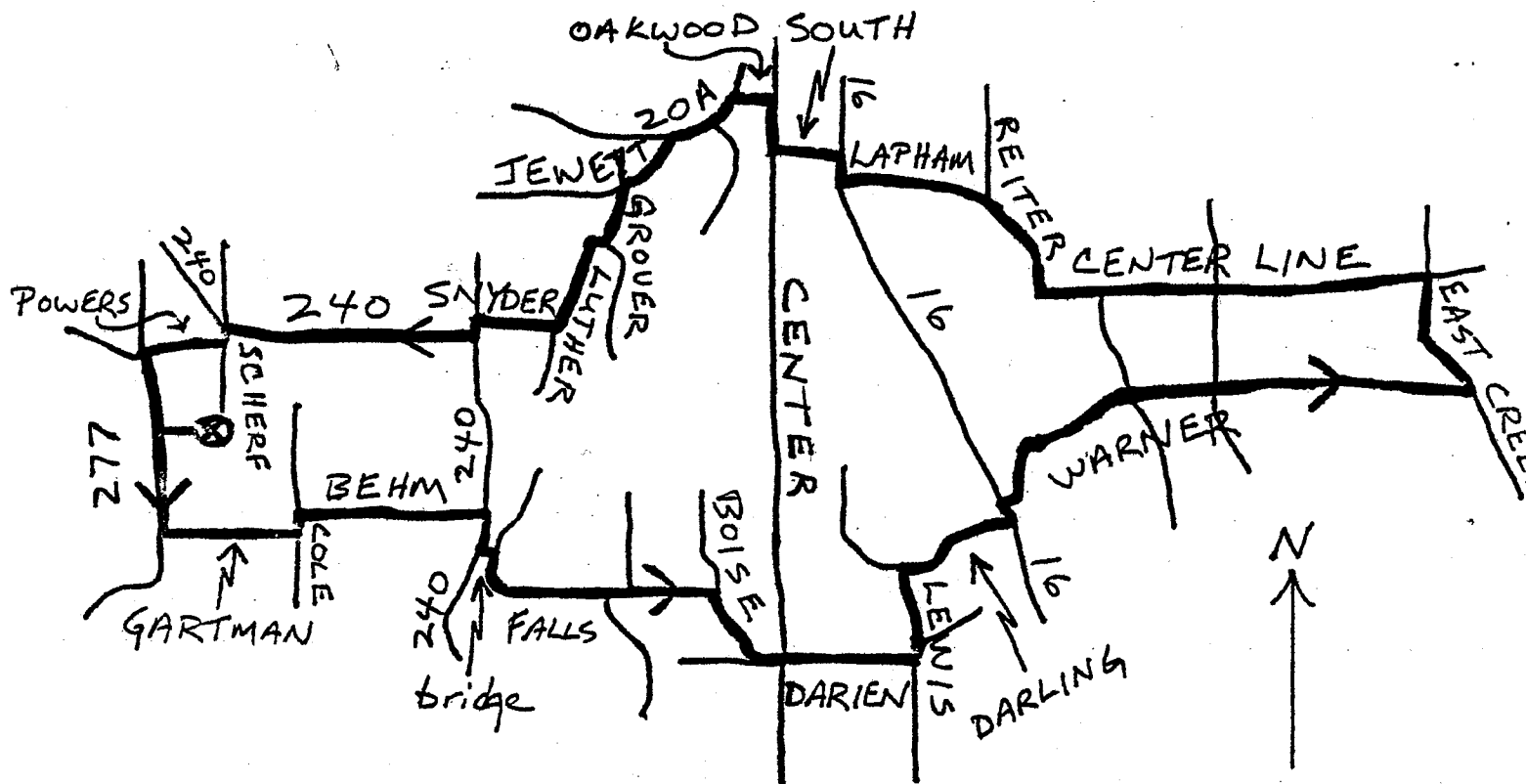


# Seven Hills

MAP 286

A hill ride for everyone. It's up-and-down from Orchard Park to Wales.  
37 miles with 3300 feet elevation.

Start: Chestnut Ridge park casino.



0.2	X	BRIDGE	11.4	T	R	DARLING	28.4	T	L	US~20A (STORE)
0.4	R	SR~277	12.7	T	L	SR~16	29.1		L	JEWWET-HOLMWOOD
1.5	L	GARTMAN	12.8		R	WARNER (STORE)	29.9		L	GROVER
3.0	T	L/R	18.4	T	L	EAST CREEK	30.6	Y	R	LUTHER
4.7	caution - RR tracks on downhill		19.8		L	CENTERLINE	31.7		S	SNYDER
4.8	T	R	23.8		R	REITER	32.4	T	L	DAVIS
5.2	L	BRIDGE	24.9	Y	L	LAPHAM	32.5		R	SR~240
5.3	T	R	26.5	T	R	SR~16	35.0		L/R	SCHERF/POWERS
8.0	T	R	26.8		L	SOUTH	35.9		L	SR~277
8.8	T	L	27.5	T	R	CENTER	36.6		R	Into Park
10.4	T	L	28.0		L	OAKWOOD	37.1	T	L	FINISH!!!!

Map# 286	Distance: 32 miles	Revised: pd 11/08	Niagara Frontier Bicycle Club
Rating:	Elevation: 3300'	Designed: jts 12/98	Effort: XX-D.